

Presents

## Understanding Chemical Abuse and Dependency

### TARGET AUDIENCE

This program is designed for registered nurses working in various practice settings. The content would be of value to any healthcare professional.

### GOAL OF THE PROGRAM

To increase the learner's knowledge of the diagnosis of chemical abuse and dependency and to better understand the most current treatment modalities in order to improve nursing care and patient outcomes.

### PROGRAM OBJECTIVES

At the conclusion of this program the participant will be able to:

1. Define, discuss, and compare the terms addiction, dependency, and abuse.
2. Describe the changes in diagnostic criteria to the DSM as it pertains to substance abuse and dependency.
3. Discuss the latest addictive substances which cause changes in brain chemistry leading to dependency.
4. Review the FLAGS (Forgiving Losses and Gaining Strength) therapy program and explain how it assists military personnel who struggle with dependency issues and PTSD.
5. Identify various modalities of psychological treatment for chemical dependency and abuse, including REBT (Rational Emotive Behavior Therapy).
6. Understand current trends in substance abuse and treatment amongst the child and adolescent population.
7. Explain how genetics, environment, and development play a role in determining why some people become addicted and some do not.
8. Discuss medication management through the detox/withdrawal process and maintenance afterwards.

### COURSE DESCRIPTION

Join us as we proudly welcome four of Acadiana's own local experts from Vermilion Behavioral Health Systems (also known as Vermilion Hospital) who will share their insight and knowledge into a complex disease process called chemical abuse and dependency.

A registered nurse, social worker, nurse practitioner, and physician will explore a wide array of topics such as changes to the DSM, treatment of military personnel, and the latest addictive substances which lead to abuse and dependency. Presenters will also discuss chemical abuse throughout the lifespan by focusing on current trends in the child and adolescent population. Lastly, experts will delve into the detoxification and withdrawal process, including the difficulties patients face in sustaining sobriety.

Due to the high incidence of chemical abuse and dependency we see today, nurses from a variety of fields can incorporate this in-depth and timely information into their practice.

### AGENDA

January 23, 2015

- 7:30-8:00 Registration and Continental Breakfast
- 8:00-8:05 Welcome and Announcements  
*Robbie Stefanski*
- 8:05-9:35 Addiction, Abuse, and Dependency  
*Ronald Lavergne*
- 9:35-9:55 Break
- 9:55-11:25 Treatment Plans for Chemical Abuse and Dependency: FLAGS and REBT  
*David Wyman*
- 11:25-12:30 Lunch Break (Full buffet available on site through the Petroleum Club, \$18.00 cash or check payable to Petroleum Club or participant may leave and return at 12:30 PM)
- 12:30-1:30 Chemical Abuse and Dependency in Adolescents and Childhood  
*Kristine Olivier*
- 1:30-1:45 Break
- 1:45-2:40 A Look into the Detox and Withdrawal Process  
*Kay Rodriguez*
- 2:40-2:45 Evaluations

### CONTINUING EDUCATION

University of Louisiana at Lafayette College of Nursing and Allied Health Professions is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Louisiana State Board of Nursing – Provider # 9.

To receive 5.0 contact hours, the participant must attend the entire program, and complete and submit the Contact Hour and Evaluation forms.

### DISCLAIMER

American Nurses Credentialing Center (ANCC) accreditation applies only to the educational content of the program. University of Louisiana at Lafayette College of Nursing and Allied Health Professions Continuing Nursing Education Program and ANCC Commission on Accreditation does not approve or endorse any product.

### SPECIAL NEEDS

University of Louisiana at Lafayette will seek to accommodate persons with special needs. If you have a special need which may require accommodations, please notify Continuing Nursing Education, (337) 482-6682 or email [nursing\\_ce@louisiana.edu](mailto:nursing_ce@louisiana.edu) five (5) days in advance to make arrangements.

### FACULTY

#### Ronald Lavergne, BSN, RN, CAC

Mr. Lavergne received his BSN from University of Southwestern Louisiana in 1984 and has been practicing as a registered nurse in the psych/chemical dependency field since 1990. Mr. Lavergne obtained a diploma in Alcohol and Drug Counseling through the International Career Development Center (ICDC) College in Culver, California in 2013. He recently became a Certified Addiction Counselor (CAC) from the Louisiana Addictive Disorder Regulatory Authority. Currently, Mr. Lavergne serves as the RN Charge Nurse in the Chemical Dependency Unit at Vermilion Behavioral Health Systems.

#### David Wyman, LAC, CCS

Since 1989, Mr. Wyman has served as an addiction counselor and became credentialed in 1994. In 2012, he became a FLAGS therapist at Vermilion Behavioral Health Systems where he addresses addiction, PTSD, and other issues associated with military deployment. In the past, Mr. Wyman has served as director of various substance abuse treatment facilities where he has written policies and procedures to open, license, and sustain these facilities. In 1997, he was Clinical Director for the first drug court program in the state of Louisiana which eventually became a state and national mentor court.

#### Kristine Olivier, MD

Dr. Olivier attended medical school at LSU School of Medicine in Shreveport and completed her residency in Adult Psychiatry and a subsequent fellowship in Child and Adolescent Psychiatry from LSU Health Sciences Center in New Orleans. She also completed the Harris Infant Mental Health Fellowship, which focuses on ages birth to 5 years old and is Board Certified in Adult, Child, and Adolescent Psychiatry. Dr. Olivier has practiced at Vermilion Behavioral Health Systems as its Director of Adolescent Services since 2013 and also does outpatient private practice work.

#### Kay Rodriguez, APRN, FPMHNP-BC, DNP

Dr. Rodriguez received her Masters of Nursing degree and her Doctor of Nursing Practice from University of South Alabama and is certified as a Family Psychiatric/Mental Health Nurse Practitioner through the American Nurses Credentialing Center. Dr. Rodriguez was commissioned as an Officer in the United States Army and treats the military, adult, geriatric, child and adolescent populations.

### REFUND POLICY

**REFUNDS WILL BE PROVIDED UNTIL JANUARY 19, 2015. NO REFUNDS WILL BE MADE FOR CANCELLATIONS AFTER JANUARY 19, 2015. FEE MAY BE APPLIED TO ANOTHER PROGRAM IF YOU CANCEL AT LEAST ONE DAY PRIOR TO THE PROGRAM.**

For your convenience, the College of Nursing accepts telephone registrations with payment at the door. **However, if the registrant fails to attend and does not pay registration, a bill will be mailed to the registrant.**

