University of Louisiana at Lafayette College of Nursing & Allied Health Professions Continuing Nursing Education Program Presents

Palliative Care and End of Life Issues

TARGET AUDIENCE

This program is designed for registered nurses working in various practice settings. The content would be of value to any healthcare professional including social workers, therapists, and pharmacists.

GOAL OF THE PROGRAM

To enable the learner to identify evidence-based practices that improve the quality of care of individuals and their families experiencing terminal illnesses and of those requiring comfort care for debilitating diseases.

PROGRAM OBJECTIVES

At the conclusion of this program the participant will be able to:

- 1. Discuss how to develop an effective advance care planning document for an individual patient.
- Review the content of the LaPOST document, the model of care it represents, and resources for implementation.
- 3. Define the types of pain experienced by the hospice and palliative patient and the components of a thorough pain assessment.
- 4. Explain the principles of effective pain management utilizing pain medications.
- 5. Identify pharmacological interventions for common end of life symptoms.
- 6. Differentiate between hospice and palliative care.
- 7. Define hypodermoclysis and explain its benefits to symptom control.
- 8. Identify integrative therapies which provide a holistic treatment approach.
- 9. Explain how spiritual and religious beliefs impact an individual's well-being.

COURSE DESCRIPTION

If giving the most effective, compassionate care to your patients is important to you then this program is a mustattend. We will explore important topics such as advanced directives, pain management techniques, end of life symptom control, and holistic, integrative therapies. Our local expert, Maria Olivier, will join us as well as state and national speaker, Dr. Susan Nelson. Karen Baumgartner will also join us from MD Anderson's prestigious palliative care program where she practices alongside renowned palliative care physician, Dr. Eduardo Bruera. Each speaker will bring years of experience to the podium and will provide us with the knowledge we need to guide our patients and their families through difficult times.

AGENDA

October 24, 2014

7:30-8:00	Registration and Continental Breakfast	
8:00-8:05	Welcome and Announcements Robbie Stefanski	
8:05-9:15	Advance Care Planning and LaPOST- Part I Susan Nelson	
9:15-9:30	Break	
9:30-10:20	Advance Care Planning and LaPOST- Part II	
10:20-11:00	Effective Management of Pain and End of Life Symptoms - Part I Maria Olivier	
11:00-12:00	Lunch Break (Available on site through the Petroleum Club, \$18.00 cash or check payable to Petroleum Club or participant may leave and return at 12:00 PM)	
12:00-12:50	Effective Management of Pain and End of Life Symptoms - Part II Maria Olivier	
12:50-1:30	Dying in America: Improving Quality of Care at the End of Life - Part I Karen Baumgartner	
1:30-1:45	Break	
1:45-2:35	Dying in America: Improving Quality of Care at the End of Life - Part II <i>Karen Baumgartner</i>	
2:35-2:45	Evaluations	
	G EDUCATION	
-lealth Professio	isiana at Lafayette College of Nursing and Allied ns is accredited as a provider of continuing nursing American Nurses Credentialing Center's Accreditation.	

Louisiana State Board of Nursing - Provider # 9.

To receive 5.0 contact hours, the participant must attend the entire program, and complete and submit the Contact Hour and Evaluation forms.

DISCLAIMER

American Nurses Credentialing Center (ANCC) accreditation applies only to the educational content of the program. University of Louisiana at Lafayette College of Nursing and Allied Health Professions Continuing Nursing Education Program and ANCC Commission on Accreditation does not approve or endorse any product.

FACULTY

Susan Nelson, MD, FACP, FAAHPM

Dr. Nelson is a Board Certified physician in Internal Medicine, Geriatrics and Hospice and Palliative Medicine. She is the chair of the LaPOST Coalition, an initiative of the Louisiana Health Care Quality Forum to improve care for those with life limiting illnesses. Dr. Nelson speaks locally and nationally on the subject of palliative and hospice care and has written legislation to improve care for those unable to speak for themselves. She currently serves as a physician and Medical Director of the Franciscan Missionaries of Our Lady Health System in Baton Rouge.

Maria L. Olivier, RN CHPN, CPh.T

Ms. Olivier began her career in hospice and palliative care in 2000 and has been certified in this field for twelve years. She has served as a nurse liaison for a hospice-only pharmacy and is Vice President and Approved Educator for the local Hospice Palliative Nurses Association, Esprit du Coeur. Ms. Olivier provides education, support, and resources to nurses and physicians in the hospice field, as well as provides inservices, information and research related to hospice care, symptom control, and crisis management.

Karen Baumgartner, RN, MSN, ANP-BC

For the past seven years, Ms. Baumgartner has served as an Advanced Practice Nurse for Palliative and Supportive Care at MD Anderson Cancer Center in Houston, Texas under the direction of renowned palliative care physician, Dr. Eduardo Bruera. Her current position consists of evaluating and treating oncology patients with intractable symptoms and assisting with the transition of care for individuals at end of life. Ms. Baumgartner has presented at national, state, and local levels on various oncology topics and has published articles in prestigious nursing journals.

SPECIAL NEEDS

University of Louisiana at Lafayette will seek to accommodate persons with special needs. If you have a special need which may require accommodations, please notify Continuing Nursing Education, (337) 482-6682 or email <u>nursing ce@louisiana.edu</u> five (5) days in advance to make arrangements.

REFUND POLICY

REFUNDS WILL BE PROVIDED UNTIL OCTOBER 20, 2014. NO REFUNDS WILL BE MADE FOR CANCELLATIONS AFTER OCTOBER 20, 2014. FEE MAY BE APPLIED TO ANOTHER PROGRAM IF YOU CANCEL AT LEAST ONE DAY PRIOR TO THE PROGRAM.

For your convenience, the College of Nursing accepts telephone registrations with payment at the door. However, if the registrant fails to attend and does not pay registration, a bill will be mailed to the registrant.

Palliative Care and End of Life Issues

October 24, 2014

REGISTRATION FORM

Name:	(Last)	(First)	(Middle)
Address:			
City:		State:	_Zip:
Phone (H): _		(W):	
E-mail:			

(CHECK ONE) REGISTRATION Individual \$80.00 \$15.00 Subscriber Participant Retired RN \$30.00 Undergraduate Students \$10.00 and Dietetic Interns Graduate Students \$40.00

Employer:

Please add \$10.00 for registrations received after Monday, October 20, 2014.

For your convenience the College of Nursing accepts telephone registrations with payment at the door. However, if the registrant fails to attend and does not pay registration, a bill will be mailed to the registrant. FOR MORE INFORMATION, CALL 337-482-6682

PLEASE MAKE CHECK PAYABLE TO: **UL Lafavette College of Nursing & Allied Health Professions**

MAIL WITH REGISTRATION INFORMATION TO:

UL Lafavette College of Nursing & Allied Health Professions CONTINUING NURSING EDUCATION P.O. Box 43810 Lafayette, LA 70504-3810 Phone: 337-482-6682 Fax: 337-482-5053 Email: nursing_ce@louisiana.edu Web: www.nursing.louisiana.edu



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University of Louisiana at Lafayette **College of Nursing and Allied Health Professions Continuing Nursing Education Program**



~Presents~



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Friday, October 24, 2014 8:00 AM - 2:45 PM

Contact Hours: 5.0

2014-2015 Subscribers

Abbeville General Hospital Acadiana Brain Injury Center Complete Home Health Cornerstone Village South First Option Home Health Heart Hospital of Lafayette Iberia Medical Center Lafavette General Health Lafayette Juvenile Detention Home Lafayette Parish School System – Nursing Health Services Louisiana Nursing Home Association – Region III Oncologics, Inc. Our Lady of Lourdes Regional Medical Center Post Acute Medical Specialty Hospital of Lafayette **Region IV Nurses** The Regional Medical Center of Acadiana Women's & Children's Hospital

> Presented at Petroleum Club of Lafayette 111 Heymann Blvd Lafavette, LA

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