University of Louisiana at Lafayette
College of Nursing & Allied Health Professions
Continuing Nursing Education Program
Presents

# **FUNCTIONAL MEDICINE:**

Addressing the Underlying Cause of Disease

# TARGET AUDIENCE

This program is designed for registered nurses and other healthcare workers who practice in various settings.

# LEARNING OUTCOME

To educate the participant about the key principles and precepts which form the basis of Functional Medicine.

# PROGRAM OBJECTIVES

At the conclusion of this program the participant will be able to:

- 1. Define the Functional Medicine approach to clinical practice.
- 2. Explain the underlying principles and precepts which guide Functional Medicine practitioners.
- 3. Differentiate between Conventional Medicine and Functional Medicine.
- Identify how Functional Medicine is being mainstreamed through organizations, certifications, and clinics throughout the U.S.
- Describe the major influences which contribute to chronic disease according to the Functional Medicine model.
- 6. Explain how the practices of Functional Medicine can be applied to the field of Cardiology.
- 7. Describe cardio-metabolic syndrome.
- Explore the discipline of Genomics and describe how Functional Medicine practitioners utilize it to guide their clinical decision making.

# COURSE DESCRIPTION

A shift is occurring in the treatment of disease to a focus on the patient as a whole and not the traditional disease-centered approach. Functional Medicine embraces this concept along with the tactic of searching for and addressing the underlying root cause of disease. Incorporating the latest in genetic science, environmental factors and lifestyle factors, Functional Medicine practitioners explore how each of these factors influence long term health and chronic illness. Experts will also reveal how Functional Medicine influences their healthcare practices as well as share their vast knowledge of how to incorporate Functional Medicine principles into patient care.

| AGENDA |                |   |  |  |  |  |
|--------|----------------|---|--|--|--|--|
|        | April 29, 2016 |   |  |  |  |  |
|        | 7:30-8:00      | Registration and Continental Breakfast  |  |  |  |  |
|        | 8:00-8:05      | Welcome and Announcements<br>Robbie Stefanski, MSN, RN  |  |  |  |  |
|        | 8:05-9:35      | Intro to Functional Medicine: Why Do<br>We Need It and How Is It Different?<br>Renee Beyer-Boudreaux, FNP   |  |  |  |  |
|        | 9:35-9:50      | Break   |  |  |  |  |
|        | 9:50-11:20     | Functional Medicine's Core Clinical Imbalances: Common Pathways to Disease  Stephanie Cave, MD  |  |  |  |  |
|        | 11:20-12:20    | Lunch Break (Available on site<br>through the Petroleum Club,<br>\$18.00 cash or check payable to<br>Petroleum Club or participant may<br>leave and return at 12:20 PM) |  |  |  |  |
|        | 12:20-1:20     | The Emerging Field of Genomics<br>Joy Duhon, ND   |  |  |  |  |
|        | 1:20-1:35      | Break   |  |  |  |  |
|        | 1:35-2:35      | Cardiology in the Realm of Functional Medicine  Lester L. Ducote, Jr., MD   |  |  |  |  |

### CONTINUING EDUCATION

University of Louisiana at Lafayette College of Nursing and Allied Health Professions is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Louisiana State Board of Nursing - Provider # 9.

To receive 5.0 contact hours, the participant must attend the entire program, and complete and submit the Contact Hour and Evaluation forms.

### DISCLAIMER

American Nurses Credentialing Center (ANCC) accreditation applies only to the educational content of the program. University of Louisiana at Lafayette College of Nursing and Allied Health Professions Continuing Nursing Education Program and ANCC Commission on Accreditation does not approve or endorse any product.

# SPECIAL NEEDS

University of Louisiana at Lafayette will seek to accommodate persons with special needs. If you have a special need which may require accommodations, please notify Continuing Nursing Education, 337) 482-6682 or email <a href="mailto:nursing\_ce@louisiana.edu">nursing\_ce@louisiana.edu</a> five (5) days in advance to make arrangements.

#### **FACULTY**

# Renee Bever-Boudreaux, FNP

Ms. Beyer-Boudreaux received her BSN at the University of Louisiana at Lafayette in 2002 and her MSN with a specialty as a Family Nurse Practitioner in 2013 at Northwestern State University. She began training in Integrative Medicine through the Institute of Functional Medicine in 2015 and is planning on sitting for the certification exam in 2017. She is very passionate about comprehensive healthcare with a personalized approach. Ms. Beyer-Boudreaux is currently working in Baton Rouge with Dr. Stephanie Cave.

# Stephanie Cave, MD

Dr. Cave received a BS in Medical Technology, a MS in Clinical Chemistry, and a MD from Louisiana State University Medical School. She completed her residency in 1986 and is board certified in Family Medicine. Dr. Cave served as a clinical preceptor for LSU Department of Family Medicine from 1986 to 2003 and is currently a preceptor for the Family Medicine Residency Program at Baton Rouge General Hospital. In 2013, she became a certified Functional Medicine practitioner. Her special interests are in epigenetics, allergy, autism, ADHD, nutritional medicine, and chronic fatigue. Dr. Cave is a published author and presently practices in Baton Rouge, LA.

# Joy Duhon, ND

Dr. Duhon attended Oral Roberts University and received a bachelor's degree in Biology Pre-Med. After graduating from ORU, she attended the prestigious Bastyr University, a four year accredited Naturopathic Medical School in Seattle, WA where she earned her Doctorate in Naturopathic Medicine with a focus on prevention of disease and promotion of wellness in a primary care setting. Today, Dr. Duhon owns and operates her own naturopathic practice in Lafayette, LA where she partners with adults and children to identify the root cause of their health issues.

### Lester L. Ducote, Jr., MD

Dr. Ducote earned his MD from LSU Medicine School in 1962 and practiced for many years in the field of Internal Medicine. In 1974, he completed a fellowship in Cardiology from Baylor College of Medicine in Houston, TX. Dr. Ducote has practiced as a cardiologist in Lafayette since 1974 and has also held the position as Medical Director of Cardiology at LGMC and of Cardiac Rehab at the Heart Hospital. He is a founding diplomat of the American Holistic Medical Association and is board certified in Functional Medicine. Currently, Dr. Ducote's practice focuses on prevention rehab, lifestyle changes, hormone therapy, and Functional Medicine.

# **REFUND POLICY**

REFUNDS WILL NOT BE ISSUED FOR CANCELLATIONS OR INCORRECT FEE SUBMISSIONS. FEE MAY BE APPLIED TO FUTURE PROGRAMS.

For your convenience, the College of Nursing accepts telephone registrations. <u>However, for this program, it will be necessary to submit payment via mail.</u>

# **FUNCTIONAL MEDICINE:**

Addressing the Underlying Cause of Disease April 29, 2016

### REGISTRATION FORM

| Name:        |         |          |
|--------------|---------|----------|
|              | (First) | (Middle) |
| Address:     |         |          |
| City:        |         | _ Zip:   |
| Phone (H): _ | (W):    |          |
| E-mail:      |         |          |
| Employer:    | <br>    |          |

# REGISTRATION CAPACITY WILL BE LIMITED

Early Registration Submission is Suggested.

| (CHECK ONE)   |         |  |  |  |  |
|---|---------|--|--|--|--|
| REGISTRATION  |         |  |  |  |  |
| Individual  | \$80.00 |  |  |  |  |
| Subscriber Participant  | \$15.00 |  |  |  |  |
| Retired RN  | \$30.00 |  |  |  |  |
| Undergraduate Students  | \$10.00 |  |  |  |  |
| and Dietetic Interns  |         |  |  |  |  |
| Graduate Students   | \$40.00 |  |  |  |  |
| Please add \$10.00 for registrations received after Monday, April 25, 2016.  For your convenience the College of Nursing accepts telephone registrations. However, for this program, it will be necessary to submit payment via mail. |         |  |  |  |  |
| FOR MORE INFORMATION, CALL 337-482-6682   |         |  |  |  |  |

PLEASE MAKE CHECK PAYABLE TO: **UL Lafayette College of Nursing & Allied Health Professions** 

MAIL WITH REGISTRATION INFORMATION TO:

**UL** Lafayette

College of Nursing & Allied Health Professions CONTINUING NURSING EDUCATION

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Email: nursing\_ce@louisiana.edu Web: www.nursing.louisiana.edu

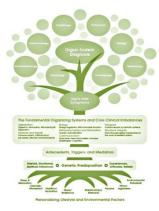


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> Friday, April 29, 2016 8:00 AM - 2:35 PM

Contact Hours: 5.0

# 2015-2016 Subscribers

Abbeville General Hospital

Acadiana Brain Injury Center AHS Walk-In Clinic, Inc.

Complete Home Health

Cornerstone Village South First Option Home Health

Heart Hospital of Lafayette Iberia Medical Center

Lafayette General Health - Main Facilities Lafayette Juvenile Detention Home

Lafayette Parish School System - Nursing Health Services Louisiana Nursing Home Association – Region III OncoLogics, Inc.

Our Lady of Lourdes Regional Medical Center Park Place Surgical Hospital Region IV Nurses

> **United Blood Services** Vermilion Parish School Board Women's and Children's Hospital

Presented at Petroleum Club of Lafayette 111 Heymann Blvd Lafayette, LA