

Autoimmune Diseases Part II: Steps to Healing and Recovery

TARGET AUDIENCE

This program is designed for registered nurses working in various practice settings. The content would be of value to any healthcare professional.

LEARNING OUTCOME

To increase the learner's knowledge of the management and treatment of autoimmune diseases with an emphasis on Functional Medicine's approach to healing and recovery.

PROGRAM OBJECTIVES

At the conclusion of this program the participant will be able to:

1. Describe the hallmarks of Functional Medicine's approach to the treatment of autoimmune diseases.
2. Explain the Biotoxin Pathway, its relationship to autoimmune disease, and how to best manage the effects of biotoxins on our body.
3. Understand reasons why hormonal imbalance occurs, how it can trigger cellular disruption, and why it is important to manage in autoimmune disease.
4. Describe the genetic link to autoimmune disease, including gene identification and treatment protocol.
5. Discuss the role of inflammation in autoimmune disease.
6. Explain intestinal permeability or leaky gut syndrome and its relationship to autoimmune disease.
7. Understand the importance of proper nutrition to "gut health" and to the treatment of autoimmune disease.
8. Describe gut dysbiosis and therapies to implement for recovery.
9. Identify specific ways to implement nutritional change into everyday life.
10. Explain how to deal with friends or family members who may become "sabotagers" of an autoimmune nutritional plan.

COURSE DESCRIPTION

Last year's Autoimmune Program was a huge success and we received many requests for another program to take us even further on our journey in understanding and treating autoimmune diseases. This year, we are excited to continue down this path and to welcome three expert presenters who will share their vast knowledge of autoimmune disease as well as their own patient success stories of healing and recovery.

AGENDA

September 25, 2015

- 7:30-8:00 Registration and Continental Breakfast
- 8:00-8:05 Welcome and Announcements
Robbie Stefanski
- 8:05-9:50 Functional Medicine's Approach to Treatment of Autoimmune Disease
Dr. Kelly Cobb
- 9:50-10:05 Break
- 10:05-11:50 Addressing Root Causes: Inflammation and Leaky Gut
Dr. Edward Lafleur
- 11:50-12:50 Lunch Break (Full buffet available on site through the Petroleum Club, \$18.00 cash or check payable to Petroleum Club or participant may leave & return at 12:50 PM)
- 12:50-1:35 The Reality of Eating with an Autoimmune Disease: Acceptance, Finding Foods, and Dealing with Sabotage – Part I
Daphne Olivier
- 1:35-1:45 Break
- 1:45-2:30 The Reality of Eating with an Autoimmune Disease: Acceptance, Finding Foods, and Dealing with Sabotage - Part II
Daphne Olivier

CONTINUING EDUCATION

University of Louisiana at Lafayette College of Nursing and Allied Health Professions is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Louisiana State Board of Nursing – Provider # 9.

To receive 5.0 contact hours, the participant must attend the entire program, and complete and submit the Contact Hour and Evaluation forms.

DISCLAIMER

American Nurses Credentialing Center (ANCC) accreditation applies only to the educational content of the program. University of Louisiana at Lafayette College of Nursing and Allied Health Professions Continuing Nursing Education Program and ANCC Commission on Accreditation does not approve or endorse any product.

SPECIAL NEEDS

University of Louisiana at Lafayette will seek to accommodate persons with special needs. If you have a special need which may require accommodations, please notify Continuing Nursing Education, (337) 482-6682 or email nursing_ce@louisiana.edu five (5) days in advance to make arrangements.

FACULTY

Kelly Cobb, MD

Dr. Cobb is a board certified internal medicine physician who holds a MD from LSU School of Medicine as well as degrees from University of Texas in psychology, humanities, and communication. She is board eligible in geriatrics, certified in age management medicine, and is currently working on a Functional Medicine certification. Dr. Cobb believes a combined treatment approach is necessary for optimal outcomes. Dr. Cobb has her own successful practice in Lafayette as well as lectures on many topics such as thyroid dysfunction and other autoimmune diseases. She has been involved in research in osteoporosis and nerve regeneration and has extensive experience treating women's health issues. As a partner in her patients' quest for health, Dr. Cobb values an open dialogue and shared decision making with her patients.

Edward C. Lafleur, MD

A native of Opelousas, Dr. Lafleur received his B.S. degree from University of Lafayette at Louisiana and his Medical doctorate from LSU School of Medicine in New Orleans. He completed his residency at University Medical Center in the Family Practice Department and was named Chief Resident at UMC in 2004. Dr. Lafleur is a board-certified family physician and is an active member of the American Academy of Family Medicine. In 2011, he was inducted as an honorary faculty member of the AOA Medical Honor Society. He is a Gratis Faculty member of the LSU Health Sciences Center where he teaches medical students. Dr. Lafleur's philosophy in caring for his patients is centered on identifying the underlying source of their medical problems and working in partnership with them towards true solutions. He has learned the keys to success involve empowering patients with knowledge then working together toward goals of vitality and true wellness.

Daphne Olivier, LDN, RD, CDE, CLT

Ms. Olivier describes herself as a food passionista, farm girl wanna-be, and a registered, yet unconventional dietitian. She has her own private practice where she works with individuals and groups for preventative wellness or to improve their disease process through nutrition. She received her Bachelor's Degree in Dietetics from University of Louisiana at Lafayette. Daphne has been a Certified Diabetes Educator since 2009 and worked with numerous children diagnosed with Type 1 Diabetes in a pediatric endocrinologist's office. In her own clinic, she works with other autoimmune diseases such as vitiligo, fibromyalgia, psoriasis, and Hashimoto's thyroiditis. Ms. Olivier also completed a ten month mentorship through Maryland University of Integrative Health. She is the co-director of Acadiana Food Circle where she works to connect local consumers to local producers and she is the co-leader of the Weston A. Price Foundation Acadiana Chapter where she advocates for nutrient-rich food. Ms. Olivier has recently testified to the Louisiana legislatures advocating for the legalization of the sale of fresh, unpasteurized milk.

REFUND POLICY

REFUNDS WILL BE PROVIDED UNTIL SEPTEMBER 21, 2015. NO REFUNDS WILL BE MADE FOR CANCELLATIONS AFTER SEPTEMBER 21, 2015. FEE MAY BE APPLIED TO ANOTHER PROGRAM IF YOU CANCEL AT LEAST ONE DAY PRIOR TO THE PROGRAM.

For your convenience, the College of Nursing accepts telephone registrations. However, for this program it will be necessary to submit payment via mail.

Autoimmune Diseases Part II: Steps to Healing and Recovery

September 25, 2015

REGISTRATION FORM

Name: _____
(Last) (First) (Middle)

Address: _____

City: _____ State: _____ Zip: _____

Phone (H): _____ (W): _____

E-mail: _____

Employer: _____

REGISTRATION CAPACITY WILL BE LIMITED.
Early Registration Submission is Suggested.

(CHECK ONE)

REGISTRATION

_____ Individual	\$80.00
_____ Subscriber Participant	\$15.00
_____ Retired RN	\$30.00
_____ Undergraduate Students and Dietetic Interns	\$10.00
_____ Graduate Students	\$40.00

Please add \$10.00 for registrations received after
Monday, September 21, 2015.

For your convenience the College of Nursing accepts
telephone registrations. However, for this program it will be
necessary to submit payment via mail.

FOR MORE INFORMATION, CALL 337-482-6682

PLEASE MAKE CHECK PAYABLE TO:

UL Lafayette

College of Nursing & Allied Health Professions

MAIL WITH REGISTRATION INFORMATION TO:

UL Lafayette
College of Nursing & Allied Health Professions
CONTINUING NURSING EDUCATION
P.O. Box 43810
Lafayette, LA 70504-3810
Phone: 337-482-6682
Fax: 337-482-5053
Email: nursing_ce@louisiana.edu
Web: www.nursing.louisiana.edu



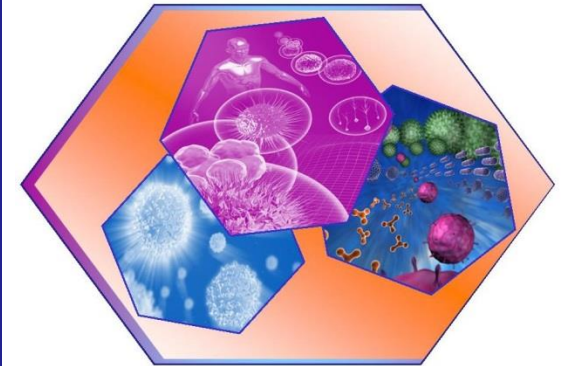
NON PROFIT ORG
U.S. POSTAGE
PAID
PERMIT NO. 218
LAFAYETTE, LA
70504

University of Louisiana at Lafayette
College of Nursing and Allied Health Professions
Continuing Nursing Education Program
P.O. Box 40400
Lafayette, LA 70504
Return Service Requested

University of Louisiana at Lafayette
College of Nursing and Allied Health Professions
Continuing Nursing Education Program



~Presents~



Autoimmune Diseases Part II: Steps to Healing and Recovery

Friday, September 25, 2015
8:00 AM – 2:30 PM

Contact Hours: 5.0

2015-2016 Subscribers

Abbeville General Hospital
Acadiana Brain Injury Center
AHS Walk-In Clinic, Inc.
Complete Home Health
Cornerstone Village South
First Option Home Health
Heart Hospital of Lafayette
Iberia Medical Center
Lafayette General Health – Main Facilities
Lafayette Juvenile Detention Home
Lafayette Parish School System – Nursing Health Services
Louisiana Nursing Home Association – Region III
OncoLogics, Inc.
Our Lady of Lourdes Regional Medical Center
Park Place Surgical Hospital
Region IV Nurses
Regional Health System of Acadiana - WCH/RMCA
United Blood Services
Vermilion Parish School Board

Presented at
Petroleum Club of Lafayette
111 Heymann Blvd
Lafayette, LA