

Autoimmune Diseases: When the Body Attacks Itself

TARGET AUDIENCE

This program is designed for registered nurses and dietitians working in various practice settings. The content would be of value to any healthcare professional.

GOAL OF THE PROGRAM

To increase the learner's knowledge of the diagnosis and management of autoimmune diseases with an emphasis on innovative techniques which address the root cause behind the malfunction of the immune system.

PROGRAM OBJECTIVES

At the conclusion of this program the participant will be able to:

1. Describe the pathophysiology behind autoimmune diseases.
2. Differentiate between autoimmune diseases, their statistical prevalence, and their medical management.
3. Explain various root causes behind autoimmune diseases.
4. Identify problems with conventional medicine's treatment of autoimmune diseases.
5. Define Functional Medicine and describe its approach to the management of autoimmune diseases.
6. Describe how the gastrointestinal tract plays a role in autoimmune diseases.
7. List nutrients and food which support or weaken immune system function.
8. Identify other lifestyle factors which impact the body's immune function.

COURSE DESCRIPTION

Autoimmune (AI) diseases are among the most prevalent forms of chronic illness in our country, affecting more than 23.5 million Americans and a leading cause of pain, disability, and death. More people are affected by AI diseases than cancer or heart disease; however, most people cannot name a single AI disease indicating a huge lack of awareness. Furthermore, controlling symptoms is often difficult and simply treating the affected organ does not get to the root of the problem.

Our intriguing line-up of presenters will explore a "Functional Medicine" approach to the treatment and management of AI diseases. Dr. Amy Myers (renowned leader in functional medicine) and Dr. Kelly Cobb (Lafayette's own) will address the underlying causes and treatments of AI diseases using a holistic approach which engages both patient and practitioner in a therapeutic partnership. Registered dietitian, Daphne Olivier, will discuss how our GI system plays a role in AI diseases and how nutrition can be a factor in symptom control and even remission.

AGENDA

September 26, 2014

7:30-8:00	Registration and Continental Breakfast
8:00-8:05	Welcome and Announcements <i>Robbie Stefanski</i>
8:05-8:15	Pre-Test
8:15-9:50	Introduction to Autoimmune Diseases and Case Presentations <i>Kelly Cobb</i>
9:50-10:05	Break
10:05-11:35	The Missing Link: Your Gut's Role in Immune Function <i>Daphne Olivier</i>
11:35-12:35	Lunch Break (Full buffet available on site through the Petroleum Club, \$18.00 cash or check payable to Petroleum Club or participant may leave and return at 12:35 PM)
12:35-1:15	Functional Medicine and the Four Pillars of Autoimmunity – Part I <i>Amy Myers</i>
1:15-1:30	Break
1:30-2:20	Functional Medicine and the Four Pillars of Autoimmunity – Part II <i>Amy Myers</i>
2:20-2:35	Evaluation and Post Test

CONTINUING EDUCATION

University of Louisiana at Lafayette College of Nursing and Allied Health Professions is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Louisiana State Board of Nursing – Provider # 9.

To receive 5.0 contact hours, the participant must attend the entire program, and complete and submit the Contact Hour and Evaluation forms.

DISCLAIMER

American Nurses Credentialing Center (ANCC) accreditation applies only to the educational content of the program. University of Louisiana at Lafayette College of Nursing and Allied Health Professions Continuing Nursing Education Program and ANCC Commission on Accreditation does not approve or endorse any product.

FACULTY

Kelly Cobb, MD

Dr. Cobb is a board certified internal medicine physician who holds a MD from LSU School of Medicine as well as degrees from University of Texas in psychology, humanities, and communication. She is board eligible in geriatrics, certified in age management medicine, and has studied Functional Medicine as well as Allopathic Medicine and believes a combined treatment approach is necessary. Dr. Cobb has her own successful practice in Lafayette as well as lectures on many topics such as thyroid dysfunction and other autoimmune diseases. As a partner in her patients' quest for health, Dr. Cobb values an open dialogue and shared decision making with her patients. She believes this allows for strong relationship building and optimal healing.

Daphne Olivier, LDN, RD, CDE

Ms. Olivier describes herself as a food passionista, farm girl wanna-be, and a registered, yet unconventional dietitian. She has her own private practice where she works with individuals and groups for preventative wellness or to improve their disease process through nutrition. She received her Bachelor's Degree in Dietetics from University of Louisiana at Lafayette, has been a Certified Diabetes Educator since 2009, and worked with numerous children diagnosed with Type 1 Diabetes in a pediatric endocrinologist's office. Ms. Olivier also completed a ten month mentorship at Maryland University of Integrative Health. She is the co-director of Acadiana Food Circle where she works to connect local consumers to local producers and she is the co-leader of the Weston A. Price Foundation where she advocates for nutrient-rich food.

Amy Myers, MD

Dr. Myers is a renowned leader in Functional Medicine. She received her Doctorate in Medicine from LSU Health Sciences Center and spent five years working in emergency medicine before training with the Institute of Functional Medicine. Currently, she practices in Austin, TX at her own Functional Medicine and Functional Nutrition Clinic. Dr. Myers has helped thousands around the world recover from chronic illness through her dietary based program and she has created multiple interactive eBooks and eCourses to guide readers through her revolutionary approach to health. She has recently appeared on the Dr. Oz Show and has authored a book entitled, *The Autoimmune Solution*. Dr. Myers will soon be hosting her own Autoimmune Summit which will feature over forty medical experts.

SPECIAL NEEDS

University of Louisiana at Lafayette will seek to accommodate persons with special needs. If you have a special need which may require accommodations, please notify Continuing Nursing Education, (337) 482-6682 or email nursing_ce@louisiana.edu five (5) days in advance to make arrangements.

REFUND POLICY

REFUNDS WILL BE PROVIDED UNTIL SEPTEMBER 22, 2014. NO REFUNDS WILL BE MADE FOR CANCELLATIONS AFTER SEPTEMBER 22, 2014. FEE MAY BE APPLIED TO ANOTHER PROGRAM IF YOU CANCEL AT LEAST ONE DAY PRIOR TO THE PROGRAM.

For your convenience, the College of Nursing accepts telephone registrations with payment at the door. However, if the registrant fails to attend and does not pay registration, a bill will be mailed to the registrant.

**Autoimmune Diseases:
When the Body Attacks Itself
September 26, 2014**

REGISTRATION FORM

Name: _____
(Last) (First) (Middle)

Address: _____

City: _____ State: _____ Zip: _____

Phone (H): _____ (W): _____

E-mail: _____

Employer: _____

(CHECK ONE)	
REGISTRATION	
_____ Individual	\$80.00
_____ Subscriber Participant	\$15.00
_____ Retired RN	\$30.00
_____ Undergraduate Students and Dietetic Interns	\$10.00
_____ Graduate Students	\$40.00

Please add \$10.00 for registrations received after Monday, September 22, 2014.

For your convenience the College of Nursing accepts telephone registrations with payment at the door. However, if the registrant fails to attend and does not pay registration, a bill will be mailed to the registrant.

FOR MORE INFORMATION, CALL 337-482-6682

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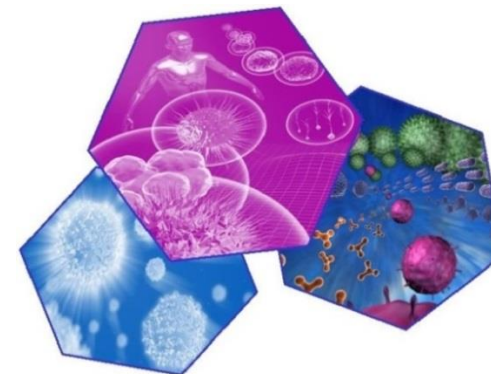
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~Presents~



**Autoimmune Diseases:
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**Friday, September 26, 2014
8:00 AM – 2:35 PM**

Contact Hours: 5.0

2014-2015 Subscribers

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Cornerstone Village South
First Option Home Health
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Louisiana Nursing Home Association – Region III
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Post Acute Specialty Hospital of Lafayette
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The Regional Medical Center of Acadiana
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Presented at
Petroleum Club of Lafayette
111 Heymann Blvd
Lafayette, LA