

## Putting Sacred Cows Out to Pasture and Embracing Evidence-Based Practice

### TARGET AUDIENCE

This program is designed for registered nurses working in various practice settings.

### LEARNING OUTCOME

To enable the participant to identify current nursing practices which are not supported by research and to replace these traditions or “sacred cows” with practices which are evidence-based.

### PROGRAM OBJECTIVES

At the conclusion of this program the participant will be able to:

1. Describe the impact of evidence-based practice (EBP) on the nursing profession and explain how it is redesigning nursing care to be more safe, effective, and efficient.
2. Explain the skills needed for nurses to apply EBP to their practice.
3. Identify the research that has led to changes in injection and IV nursing practices.
4. Discuss the EBP approach to infection prevention and control in the hospital setting.
5. Explain how nursing research has changed practices regarding enteral feedings and describe these EBP practices.
6. Describe how the implementation of the ABCDE Ventilator Protocol has lessened harmful side effects and improved patient outcomes.

### COURSE DESCRIPTION

As nurses, we often develop patient care routines which are difficult to change. We cling to these traditional practices or “sacred cows” because they are familiar to us and seem to work for our patients. However, with the emergence of evidence-based practice (EBP), we must embrace the fact that change must occur if our patients are to receive the highest quality nursing care. The nursing profession cannot stay stagnant but must improve and transform as research proves or disproves certain practices as safe, effective, and efficient.

Experts at this program will discuss the reasons why we must “put our sacred cows to pasture” and realign our nursing practice to reflect the latest research developments. Various traditional nursing practices will be debunked and safer, more effective methods of evidence-based practice will be explored.

### AGENDA

February 19, 2016

7:30-8:00	Registration and Continental Breakfast
8:00-8:05	Welcome and Announcements <i>Robbie Stefanski, MSN, RN</i>
8:05-9:05	Evidence for Change: Understanding EBP's Impact in Nursing <i>Jessica McCarthy, MHSA, MSN, APRN, FNP-BC</i>
9:05-10:20	To Aspire or Not Aspire! That is the Question: Injections, IV's and EBP <i>Katherine Radatovich, APRN, MSN, NP-C</i>
10:20-10:35	Break
10:35-11:35	Using the Evidence to Control Infections <i>Jacqueline L. Hebert, RN, MSN, ACNS-BC, CCRN</i>
11:35-12:35	Lunch Break (Available on site through the Petroleum Club, \$18.00 cash or check payable to Petroleum Club or participant may leave and return at 12:35 PM)
12:35-1:20	Care of the Patient with Enteral Feedings: An EBP Approach <i>Lucille Woodard, MA, BSN, CCRN</i>
1:20-1:35	Break
1:35-2:35	Improving Outcomes with the ABCDE Ventilator Protocol <i>Jude Monte, RN, BSN, CCRN</i>

### CONTINUING EDUCATION

University of Louisiana at Lafayette College of Nursing and Allied Health Professions is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Louisiana State Board of Nursing – Provider # 9.

To receive 5.0 contact hours, the participant must attend the entire program, and complete and submit the Contact Hour and Evaluation forms.

### DISCLAIMER

American Nurses Credentialing Center (ANCC) accreditation applies only to the educational content of the program. University of Louisiana at Lafayette College of Nursing and Allied Health Professions Continuing Nursing Education Program and ANCC Commission on Accreditation does not approve or endorse any product.

### SPECIAL NEEDS

University of Louisiana at Lafayette will seek to accommodate persons with special needs. If you have a special need which may require accommodations, please notify Continuing Nursing Education, 337) 482-6682 or email [nursing\\_ce@louisiana.edu](mailto:nursing_ce@louisiana.edu) five (5) days in advance to make arrangements.

### FACULTY

#### Jessica McCarthy, MHSA, MSN, APRN, FNP-BC

Ms. McCarthy earned her BSN and MSN degrees from UL Lafayette and a Master's in Health Service Administration from the University of St. Francis. She is currently a full-time nursing instructor at UL Lafayette in both the undergraduate and graduate programs. Ms. McCarthy is a board certified family nurse practitioner and continues to practice as a FNP on a part-time basis. She has over 25 years of nursing experience practicing in a variety of settings including the ER, ICU, pediatrics, labor & delivery, and nursing administration.

#### Katherine Radatovich, APRN, MSN, NP-C

Ms. Radatovich received her LPN in 1978, her BSN in 1995, and her MSN in 2013 from UL Lafayette. She has extensive experience in patient care for all ages and in many nursing disciplines. Ms. Radatovich is currently a full-time undergraduate nursing instructor at UL Lafayette as well as a part-time home health family nurse practitioner. She was a member of the State of Louisiana Department of Education, Health Academy Writing Committee where she worked to develop health education academies for the State of Louisiana.

#### Jacqueline L. Hebert, RN, MSN, ACNS-BC, CCRN

Ms. Hebert has been a RN for 39 years and 31 of those years have been spent working at the bedside in the ICU as a staff nurse, charge nurse, and preceptor. She received her Diploma in Nursing in 1977, her BSN in 1991, and her MSN in 2006. Ms. Hebert has been practicing as a Clinical Nurse Specialist (CNS) in Adult Health for the past 8 years. She was a co-founder of OLOL Rapid Response Team in 2005 and in 2008 she served as primary educator to the ICU staff at University Medical Center. Ms. Hebert is BLS, ACLS, and PALS certified as well as instructor certified in all disciplines. Currently, she serves as a full-time CNS at OLOL Regional Medical Center.

#### Lucille Woodard, MA, BSN, CCRN

Ms. Woodard has been a nurse for the past 30 plus years. She became a LPN in 1981, received her Associate Degree in nursing in 1992, and her BSN in 1998. Ms. Woodard also earned her Master's in Theology and is a licensed minister. She currently works as a gastroenterology nurse at OLOL Regional Medical Center and is the nurse educator/preceptor for their endoscopy center.

#### Jude Monte, RN, BSN, CCRN

Mr. Monte received his BSN from UL Lafayette in December of 2011. For the last four years, he has been a staff nurse in the ICU at OLOL Regional Medical Center. Mr. Monte recently achieved a CCRN (Critical Care Registered Nurse) certification. He is currently enrolled as a graduate student in the Family Nurse Practitioner (FNP) program at UL Lafayette.

### REFUND POLICY

**REFUNDS WILL BE PROVIDED UNTIL FEBRUARY 15, 2016. NO REFUNDS WILL BE MADE FOR CANCELLATIONS AFTER FEBRUARY 15, 2016. FEE MAY BE APPLIED TO ANOTHER PROGRAM IF YOU CANCEL AT LEAST ONE DAY PRIOR TO THE PROGRAM.**

For your convenience, the College of Nursing accepts telephone registrations. However, for this program, it will be necessary to submit payment via mail.

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**February 19, 2016**

**REGISTRATION FORM**

Name: \_\_\_\_\_  
(Last) (First) (Middle)

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone (H): \_\_\_\_\_ (W): \_\_\_\_\_

E-mail: \_\_\_\_\_

Employer: \_\_\_\_\_

**REGISTRATION CAPACITY WILL BE LIMITED**

*Early Registration Submission is Suggested.*

(CHECK ONE)

**REGISTRATION**

_____ Individual	\$80.00
_____ Subscriber Participant	\$15.00
_____ Retired RN	\$30.00
_____ Undergraduate Students and Dietetic Interns	\$10.00
_____ Graduate Students	\$40.00

**Please add \$10.00 for registrations received after Monday, February 15, 2016.**

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**FOR MORE INFORMATION, CALL 337-482-6682**

**PLEASE MAKE CHECK PAYABLE TO:**

**UL Lafayette**

**College of Nursing & Allied Health Professions**

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Fax: 337-482-5053  
Email: nursing\_ce@louisiana.edu  
Web: www.nursing.louisiana.edu



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~Presents~



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**Friday, February 19, 2016**

**8:00 AM – 2:35 PM**

**Contact Hours: 5.0**

2015-2016 Subscribers

Abbeville General Hospital  
Acadiana Brain Injury Center  
AHS Walk-In Clinic, Inc.  
Complete Home Health  
Cornerstone Village South  
First Option Home Health  
Heart Hospital of Lafayette  
Iberia Medical Center  
Lafayette General Health – Main Facilities  
Lafayette Juvenile Detention Home  
Lafayette Parish School System – Nursing Health Services  
Louisiana Nursing Home Association – Region III  
OncoLogics, Inc.  
Our Lady of Lourdes Regional Medical Center  
Park Place Surgical Hospital  
Region IV Nurses  
United Blood Services  
Vermilion Parish School Board  
Women's & Children's Hospital

Presented at  
Petroleum Club of Lafayette  
111 Heymann Blvd  
Lafayette, LA