University of Louisiana at Lafayette College of Nursing & Allied Health Professions Continuing Nursing Education Program

### 2018-2019 NURSING UPDATE SERIES

#### ACCREDITATION INFORMATION

University of Louisiana at Lafayette College of Nursing and Allied Health Professions is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Louisiana State Board of Nursing - Provider Number 9.

Unless indicated on individual brochures, all programs provide 5.0 Contact Hours/6.0 Contact Hours for Pharmacology Update. When appropriate, Contact Hours for APRNs will be indicated on the individual brochures.

#### **TARGET AUDIENCE**

Offerings are designed for registered nurses. All healthcare providers are invited to attend if the content is of interest/benefit to their practice.

#### REGISTRATION

Early registration is recommended. Register using one of the following:

- (1.) Email required information on registration form to: nursing\_ce@louisiana.edu and submit check via mail or
- (2.) Call 337-482-6682 with required information on registration form and submit check via mail or
- (3.) Complete the registration form on the back of this brochure or print and complete the registration form included in the emailed brochure then submit form and check via mail. (See back for payment and mailing information).
- (4.) COMING SOON Online Registration/Credit Card Payment Capability

#### REFUND POLICY

REFUNDS WILL NOT BE ISSUED FOR CANCELLATIONS OR INCORRECT FEE SUBMISSIONS. FEE MAY BE APPLIED TO FUTURE PROGRAMMING IF YOU CANCEL AT LEAST TWO DAYS PRIOR TO THE PROGRAM.

#### **CANCELLATION POLICY**

The University reserves the right to cancel or reschedule a program due to conditions beyond its control. In the event there is an announced University closure due to weather or other emergencies, programming will be cancelled and an attempt to reschedule will be made. Registration fees will be applied to future programming.

#### SUBSCRIBER INFORMATION

All personnel employed by the agencies subscribing to the Nursing Update Series are eligible to attend any of the nine (9) 2018-2019 offerings listed on this brochure. The cost to the participant will be a fee of \$20.00 per program (\$25.00 for Pharmacology Update).

#### SPECIAL NEEDS

University of Louisiana at Lafayette will seek to accommodate persons with special needs (nursing mothers or disabilities) for these programs. If you have a special need which may require accommodations, please notify Continuing Nursing Education at (337) 482-6682 or email nursing\_ce@louisiana.edu five (5) days in advance to make arrangements.

### AUGUST 10, 2018 - Advances in Public Healthcare Policy

Today's national and state healthcare system is in trouble with no solution in sight. As nurses, we are on the forefront of this turmoil; however, we have the intelligence and the power in numbers to influence and advocate for quality, cost-effective health policy change. How knowledgeable are you about current health care issues? How can you make a difference on the local, state, and/or national level? State officials and nursing health policy advocates will help us make sense of what our patients face in terms of policies, laws, and regulations now and in the future.

#### SEPTEMBER 21, 2018 – Update on Autoimmune Diseases and their Root Causes

Autoimmune (AI) diseases are among the most prevalent forms of chronic illness in our country affecting approximately 50 million Americans (1 in 5 people) and are a leading cause of pain, disability, and death. Controlling the symptoms caused by AI diseases is often difficult and simply treating the affected organ does not get to the root of the problem. Our intriguing line-up of presenters at this program will explore an updated "functional medicine" approach to the root causes, treatment, and management of AI diseases. These functional medicine practitioners will share their holistic approaches to AI disease management and how to engage both patient and practitioner in a therapeutic partnership to identify and treat the root cause.

### OCTOBER 12, 2018 - Psychiatric and Mental Health Nursing

Mental illness finds a way of touching us all, either at work or personally through a family or friend. It is a complex illness with many layers and often times, patient and families feel hopeless due to the many challenges it presents. At this program, expert presenters will discuss how the stresses of adverse childhood experiences (ACEs) are strongly related to the development of a wide range of health problems, both physical and mental, throughout a person's lifespan. Other important psychiatric/mental health topics will be explored such as current definitions, contributing factors, and treatments.

### NOVEMBER 16, 2018 - Pharmacology Update (APRN Rx Approved - 6.0 Contact Hours)

Our yearly Pharmacology Update program is one of our most popular programs of the year for APRN's and for RN's. This year, we are excited to announce that we heard your requests and will be offering an additional 1.0 contact hour for a total of 6.0 contact hours in order to meet the state APRN Rx CE requirements. Mark your calendars for this important educational day filled with expert presenters who will share their knowledge and experiences with prescribing various drugs and drug classes.

### **DECEMBER 14, 2018 - Complementary and Integrative Care and Practices**

Many Americans are seeking and utilizing health and wellness approaches developed outside of mainstream Western or conventional medicine. Treatments are considered "complementary" when they are used together with conventional practices. Integrative care is when conventional and complementary are brought together by the healthcare practitioner in a coordinated way. We will explore many various types of complementary treatments and how to incorporate them into your own nursing practice and personal life to optimize well-being.

**JANUARY** - This program has been replaced with program in May.

#### FEBRUARY 15, 2019 - The Evolution of Long-Term, Acute Care

Long term, acute care hospitals and facilities specialize in the treatment of patients with serious medical conditions which require care on an ongoing basis but no longer require intensive care. These patients often have multiple, complex health problems and still require astute, focused nursing and medical care. Once they leave the intensive care unit, their health goals change and long term care nurses must also focus on patient independence, comfort, rehabilitation, and family needs. Expert presenters at this program will address these topics and more related to the challenges of caring for the long term, acute care patient.

### MARCH 15, 2019 - Pediatric Developmental Issues and Delays

Most of us know a patient, child or parent of a child who is directly affected by a pediatric developmental issue or delay. These delays affect a child's physical, cognitive, communication, social, emotional or behavioral skills and can stem from many causes such as complications at birth, environmental issues, genetics, or other medical conditions. Presenters at this program will explore many of the issues and disorders which cause developmental delays in children and will address current assessment, evaluation, and treatment modalities.

### APRIL 5, 2019 - Women's and Men's Health and Wellness

Over the last several years, healthcare has been moving from a reactive mode into a preventative mode. As nurses, we are seeing more efforts by our patients to maintain good health rather than waiting until the treatment of bad health is required, and this goes for both men and women. Although some goals are similar, for the most part, men and women have vastly different health and wellness needs. At this program, we will discuss various topics related to women's and men's health and wellness and how the two genders can work together to help each other reach their goals.

### MAY 3, 2019 - Innovative Surgical Procedures

"Times, they are a changing" should be the healthcare mantra, especially when it comes to surgical treatments and techniques. These everchanging times in the realm of surgery makes it difficult for the nurse to stay abreast to the many new, innovative surgical procedures physicians are performing. Nurses must be knowledgeable of the expectations, side effects, and treatment goals of the procedure in order to provide quality patient care. Robotic and minimally invasive surgeries are just two of the innovative procedures experts will present at this intriguing program.

Registration begins at 7:30 am. Program time is 8:00 am until 2:45 pm unless otherwise noted.

There is available parking on site and the Petroleum Club full buffet lunch is optional for \$18.00 including tax and tip (cash or check made payable to Petroleum Club on day of the program).

#### 2018 - 2019 NURSING UPDATE SERIES REGISTRATION FORM

Title of Program			
Date of Program			
Name: (Last)	(First)		(Middle
Address:			
City:	State:	Zip: _	
Phone (H):	(W):		
(C):			
E-mail:			
Employer:			

Individual	\$80.00	
Subscriber participant	\$20.00	
Retired RN	\$30.00	
Undergraduate Students and Dietetic Interns	\$10.00	
Graduate Students	\$40.00	
Registrations received after Mo	nday prior to	

CUECK ONE

### PLEASE MAKE CHECK PAYABLE TO: **UL Lafayette**

**College of Nursing & Allied Health Professions** 

FOR MORE INFORMATION, CALL 337-482-6682

#### MAIL WITH REGISTRATION INFORMATION TO:

UL Lafayette
College of Nursing & Allied Health Professions
Continuing Nursing Education
P.O. Box 43810

Lafayette, LA 70504-3810 Phone: (337) 482-6682

Fax: (337) 482-5053 Email: nursing\_ce@louisiana.edu Web: www.nursing.louisiana.edu University of Louisi

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# AND ALLIED HEALTH PROFESSIONS

LOUISIANA L a f a y e t t e

Continuing Nursing Education Program

### 2018-2019 NURSING UPDATE SERIES

## **SAVE THE DATES**



The new academic year of educational programs has been planned to fulfill your requests for insightful healthcare updates and continuing nursing education needs.

Monthly program brochures will be sent via email and are available at our website: www.nursing.louisiana.edu

If you do not receive our program brochures via email, please contact us at <a href="mailto:nursing\_ce@louisiana.edu">nursing\_ce@louisiana.edu</a> to be included on our email distribution list.





**UL Lafavette Continuing Nursing Education Program** 

The 2018-2019 Nursing Update Series will be presented at:

Petroleum Club of Lafayette 111 Heymann Blvd. Lafayette, LA 70503 (In the Oil Center)