University of Louisiana at Lafayette
College of Nursing & Allied Health Professions
Continuing Nursing Education Program

Presents

## ADVANCED PRACTICE WORKSHOP

Essential Skills and Procedures for the APRN: Laceration Repair and Joint Injections

6.0 Contact Hours - APRN Approved

## **TARGET AUDIENCE**

This educational activity is designed for Advanced Practice Registered Nurses (APRNs) working in primary care practice settings. Physician Assistants are also welcomed to attend.

## **LEARNING OUTCOME**

To increase the learner's knowledge of the underlying principles and techniques necessary to perform safe and effective dermatologic and orthopedic procedures in the primary care setting.

#### **OBJECTIVES**

- Review basic skin anatomy.
- Describe the important components in evaluation of wounds and lacerations.
- Explain various types of suturing techniques (simple-interrupted, continuous, mattress) and considerations for choosing optimal technique for closure.
- Discuss types of pharmacological agents and methods of local anesthetics to reduce pain during laceration repair.
- 5. Explore other methods of laceration closure including staples and tissue adhesive.
- Discuss incision and drainage of lacerations including scenarios to decide when I & D is clinically necessary.
- Develop the skill of suturing and laceration repair through guided, hands-on practice with prosthetic models.
- Review patients' history, x-ray findings, and examination to diagnose the etiology of joint pain and discomfort.
- Identify the topographical anatomical structures and physical examination of the shoulder, elbow, hips, and knee through partnering with other participants.
- Understand parenteral, injectable, and topical pharmacological agents delivered used in the treatment of degenerative joint disease, muscle spasm and other muscular skeletal diagnosis.
- Develop the skill of joint injections using cooperative learning with a provided prosthetic model.

#### **COURSE DESCRIPTION**

Are you an experienced APRN making a transition to another specialty? Are you an APRN student or recent graduate looking to enhance your "know-how"? Are you a seasoned ARPN who needs to brush-up on the latest evidence-based research in skills and procedures? If so, please plan to join us for our first APRN essential skills and procedures workshop, which will include the latest evidence-based information as well as hands-on practice using simulated models. Expert APRN's will lead this course and will cover a wide variety of advanced practice skills and procedures including laceration repair techniques, suturing, joint injections, and arthrocentesis. After gaining a foundation of knowledge regarding these skills, participants will apply this knowledge using simulated practice in small groups guided by experienced APRN's.

#### **AGENDA**

March 20, 2020

Registration and Continental Breakfast

7.00 0.00	registration and continental breaklast
8:00-8:15	Welcome and Announcements Robbie Stefanski, MSN, RN
8:15-9:15	Fundamental Principles of Laceration Repair
9:15-9:30	Break
9:30-10:30	Suturing Techniques: Simulated Learning with Guided Practice
10:30-10:45	Break
10:45-11:45	Fundamental Principles of Joint Injections: Part I
11:45-12:45	Lunch Break (Available on site through the Petroleum Club, \$19.50 cash or check payable to Petroleum Club or participant may leave and return at 12:35 PM)
12:45-1:45	Fundamental Principles of Joint Injections: Part II
1:45-2:00	Break
2:00-4:00	Joint Injections: Simulated Learning with Guided Practice

#### **CONTINUING EDUCATION**

University of Louisiana at Lafayette College of Nursing and Allied Health Professions is accredited as a provider of continuing nursing education by the American Nurses Credentialing Center's Commission on Accreditation.

Louisiana State Board of Nursing - Provider # 9.

To receive 6.0 contact hours, the participant must attend the entire program, and complete and submit the Contact Hour and Evaluation forms.

#### **DISCLAIMER**

7:30-8:00

American Nurses Credentialing Center (ANCC) accreditation applies only to the educational content of the program. University of Louisiana at Lafayette College of Nursing and Allied Health Professions Continuing Nursing Education Program and ANCC Commission on Accreditation does not approve or endorse any product.

#### SPECIAL NEEDS

University of Louisiana at Lafayette will seek to accommodate persons with special needs. If you have a special need which may require accommodations, please notify Continuing Nursing Education, (337) 482-6682 or email nursing\_ce@louisiana.edu five (5) days in advance to make arrangements.

#### **FACULTY**

Presenters and faculty for this workshop include seasoned APRN's who bring with them a wealth of clinical experience and educational backgrounds. Each faculty member has hands-on educational experience teaching APRN's the skills necessary to perform safe and efficient patient care.

Program Faculty

Christy Lenahan, DNP, FNP-BC, ENP-C, CNE

Lisa C. Bavhi DNP, ACNP-BC, FNP-BC, FAANP

Lee Lenahan, MD

Stephanie Arceneaux, MSN, APRN, ANP-C

James Blankenship MSN, APRN, FNP-C

Kathy Gondran, APRN, MSN, FNP-C

Johnica Hebert, MSN, FNP-BC, ANP-C, BSB

Mark Landry, FNP-BC

Athena Larson, MSN, APRN, ACNP-BC

Cheryl Mack AS, BS, NRP (Simulation Operations Specialist)

#### **REFUND POLICY**

REFUNDS WILL NOT BE ISSUED FOR CANCELLATIONS OR INCORRECT FEE SUBMISSIONS. FEE MAY BE APPLIED TO FUTURE PROGRAMS IF YOU CANCEL AT LEAST TWO DAYS PRIOR TO THE PROGRAM.

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6.0 Contact Hours - APRN approved

March 20, 2020

#### REGISTRATION FORM

Name:		
(Last)	(First)	(Middle)
Address:		
City:	State: Z	p:
Phone (H):	(W):	
(C):		
E-mail:		
Employer:		

## REGISTRATION CAPACITY WILL BE LIMITED.

Early Registration Submission is Suggested.

CHECK ONE (Early - bird online only)	TIER 3
I work for a subscribing facility and will show my ID badge at the door	\$265.00
I do NOT work for a subscribing facility	\$500.00

Early Bird Registration available online ONLY and ends January 31, 2020.

Regular Registration prices begin after February 1, 2020. DEADLINE to register is March 2, 2020.

For your convenience, the College of Nursing accepts telephone registrations beginning 2/1/20. However, it will be necessary to submit payment via mail BEFORE the program.

FOR MORE INFORMATION, CALL 337-482-6682

## PLEASE MAKE CHECK PAYABLE TO: UL Lafavette

College of Nursing & Allied Health Professions

MAIL WITH REGISTRATION INFORMATION TO:

**UL Lafayette** 

College of Nursing & Allied Health Professions

**CONTINUING NURSING EDUCATION** P.O. Box 43810

Lafayette, LA 70504-3810

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Email: nursing\_ce@louisiana.edu

Web: https://nursing.louisiana.edu/aboutus/continuing-nursing-education



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Friday, March 20, 2020 8:00 AM - 3:45 PM

Contact Hours: 6.0 (APRN approved)

# 2019-2020 Subscribers Abbeville General Hospital

Acadiana Brain Injury Center
Complete Home Health
First Option Home Health
Heart Hospital of Lafayette
Iberia Medical Center
LGH - Main Facilities & Professional Centers
Lafayette Juvenile Detention
LHC Group, Inc.
LPSS - Nursing Health Services
Opelousas General Health System

Opelousas General Health System
Our Lady of Lourdes Regional Medical Center
Our Lady of Lourdes Women's and Children's Hospital
Park Place Surgical Hospital

Presented at Petroleum Club of Lafayette 111 Heymann Blvd. Lafayette, LA